



Your Name: _____

STORYTELLING COMPETENCIES PROGRESS

Copy your Self Assessment scores to this chart and track your competency scores for the duration of our coaching work together. (1 is poor — 6 is outstanding)

<u>COMPETENCY</u>	<u>BEFORE COACHING</u>	<u>MID-POINT</u>	<u>AFTER COACHING</u>
Main Message	_____	_____	_____
Characters	_____	_____	_____
Circumstances	_____	_____	_____
Conflict	_____	_____	_____
Cure	_____	_____	_____
Change	_____	_____	_____
Conversations	_____	_____	_____
Succinctness	_____	_____	_____
Dynamic	_____	_____	_____

“What gets measured gets mastered.” ~ Craig Valentine