

Have you.....	
<b>MINDSET</b>	
<input type="checkbox"/>	Practiced and rehearsed enough to internalize your presentation?
<input type="checkbox"/>	Can you exercise for a few minutes before your presentation?
<input type="checkbox"/>	Can you greet audience members before you speak?
<input type="checkbox"/>	Do you have your four questions written down to ask 5 minutes before you speak?
<b>MATERIAL</b>	
<input type="checkbox"/>	Created a Foundational Phrase?
<input type="checkbox"/>	Used the 10:1 Rule to avoid overloading your audience?
<input type="checkbox"/>	Crafted your Anchors?
<input type="checkbox"/>	Developed an Opening that orients the audience to your foundational concept?
<input type="checkbox"/>	Create a Big Promise?
<input type="checkbox"/>	Crafted a Roadmap?
<input type="checkbox"/>	Included time for a Discuss & Debrief to set up your conclusion?
<input type="checkbox"/>	Developed a quick recap of material you've covered?
<input type="checkbox"/>	Set up your Q&A session with limited time?
<input type="checkbox"/>	Crafted a single Call to Action?
<input type="checkbox"/>	Created a memorable final sentence?
<input type="checkbox"/>	Developed transactions to smoothly move from point-to-point?
<b>DELIVERY</b>	
<input type="checkbox"/>	Mapped out your stage for maximum impact?
<input type="checkbox"/>	Reviewed your video to ensure your face, body and voice are congruent with your material?
<input type="checkbox"/>	Rehearsed your pasues long enough to enable the audience to think, feel and laugh?
<input type="checkbox"/>	Practiced to the point of sounding conversational?
<input type="checkbox"/>	Reached the point of moving on purpose?
<input type="checkbox"/>	Reduced your PowerPoint slides to a few only with images or (at most) one sentence?